

RALLY DAY SEPTEMBER 9, 10:30 AM – 1 PM

Join us Sunday, September 9th after our worship service from 10:30 am – 1 pm! This is a time for parents to find out more about our classes and programs and to sign their children up for these classes! There is also a free carnival and a low-cost lunch available. Free tickets for the games will be available at the registration table in the Reception Hall. Parents will need to accompany their children to the table to get their tickets. Invite your neighbors and friends!

RETURN TO TWO SERVICES, SEPTEMBER 16

● 9:30am Contemporary Service

Our early service at 9:30am is more contemporary and casual in style. The music includes guitars and drums and the order of the service is less formal, although we do share together in the Lord's Prayer every week and Communion on the first Sundays of the month. We often have children's messages as part of the service. The kids up through grade 5 are encouraged to participate during the first half of the service and then they are dismissed for an age appropriate lesson. The youth are an enthusiastic presence at this service near the front of the sanctuary.

● 11am Traditional Service

Our later service at 11am is more traditional in style but also friendly and inviting. The music in this service features the grand sounds of our recently renovated pipe organ and our Chancel Choir. The order of service includes the best of our Presbyterian heritage including the great hymns of the Church. Children are welcome in the service but they are also encouraged to attend Sunday School classes for the whole 11am hour.

Register you or your children for classes, activities and groups at
www.millwoodpc.org

Millwood Community Presbyterian Church

3223 North Marguerite Rd

Spokane, WA 99212

www.millwoodpc.org

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A New Season

By Rev. Craig Goodwin

It's a time of new sports seasons. The new college football season has begun and it's the first time in my tenure at MCPC that the Huskies have a better record in football than the Cougars. (I suppose the Christian thing to do would be to let me enjoy that while I can.☺) It's also a new season with Spokane Valley Junior Soccer. This year I have stepped down to the U-6 level to coach Lily's team, after two years of coaching Noel's team.

We have been practicing over the last two weeks getting ready for our first game this Saturday. I figured I would step in as a grizzled veteran of the pre-school coaching circuit and whip these 5 year olds into shape in no time. But instead of being a well disciplined regiment, our team at this point looks more like a pack of easily distracted kittens.

In an interesting twist, Noel's U-8 team has been practicing at the same time as Lily's team. While having fun herding cats on one field I have been marveling at the skills and discipline of my former team. The girls that I remember teaching the most basic skills are now passing and kicking with authority. It's been a good reminder of how coaching works. It starts with a time where everything is new and there are no evident skills. Week after week we meet and train and equip and learn and grow, and as we are faithful to this process, little soccer players emerge. At this point it's a little hard to imagine, but sure enough, as long as they practice and stick with it, in a few years these 5 year olds will be a team with great skill and ability.

In many ways this Fall we are entering a new season of training, equipping, learning and growing as disciples of Jesus Christ. The path of following Jesus as modern day disciples at many

times seems mysterious, especially when we are just starting out. But in the midst of the mystery of the high calling we have in Christ, I want to remind us that the process is as sure as that of a group of young soccer players. When we commit ourselves to the discipline of training in discipleship, slowly but surely, week after week we begin to grow as disciples. Where we once felt woefully inadequate, we gain confidence and passion.



Paul uses this as a metaphor when he says, in 1 Corinthians 9:25, *"Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever."*

His point is that training in discipleship is of ultimate importance and if they can train with discipline, week in week out in sports, than we can certainly do that as disciples of Jesus Christ. As we emerge from the irregular rhythms of summer and into a regular calendar of programs and opportunities for training in discipleship, I want to encourage you as your coach/pastor to fully embrace a regimen of training and equipping.

We meet for practice/worship every Sunday at 9:30am and 11 am starting September 16th and every Wednesday at 6:30pm for dinner and classes starting September 12th. Take note of the other opportunities for training and service that you'll find in this edition of the Millwood Press. Give me a call (924-2350) or drop me an email (craig@millwoodpc.org) if you need any help putting together your training regimen for this new season.

Christian Education News

At Millwood Community Presbyterian Church we offer children's programs for children 6 weeks old through 5th grade.

For the safety of all our children, we ask that children always be accompanied by an adult while in the church or on the church grounds.

If you feel led to serve in children's ministries, please call Phyllis at 924-2350, extension # 104.

New commitment to safety, beginning Sept. 16
All parents of children 5th grade and younger will be asked to sign their children in when they come to church if their child is to attend a class or program. We feel that we can help with the safety of all children by knowing which class they are assigned to each hour of every Sunday. We thank you for your cooperation and if you have any questions, please call Phyllis at 924-2350.

WEEKLY PROGRAMS

Sundays

9:15-12:15

Child care for children ages 6 weeks to 36 months.

9:30 am

Children attend worship at 9:30 and can leave for their classes at about 9:55.

Noah's Park 3 - 5 years

Adventure Kids Worship 1st - 5th grade.

10:45 am

Classes are held through the end of 11am worship.

Bible Quest 3 - 5 years

LIGHTHouse 1st-5th grade

Wednesdays

September 12 - November 14, 2007

6:30 pm Optional Dinner

7 -8:30 pm

Childcare for children ages 6 weeks through Kindergarten during adult programs.

7 -8:30 pm

TeamKID - 1st-5th grade

PROGRAM DESCRIPTIONS

Childcare

Children six weeks through thirty-six months are welcome in the church nursery where they will be well cared for by our nursery staff and volunteers.

Noah's Park

For children 3-5 years of age, this class begins at about 9:55. The children learn important Bible lessons in a fun and loving environment. Kids will attend worship at 9:30 and will be invited to Noah's Park in the early part of the service.

Adventure Kids Worship

Children in grades 1-5 can attend this time of music, Bible learning, activities and mission emphasis. Kids attend the first portion of worship and are invited to class at about 9:55.

Bible Quest

For children 3 - 5 years of age. This is an educational hour full of activities and stories. Parents can drop their children off at 9:30am while they attend the early worship service.

LIGHTHouse

This hour is dedicated to teaching children in 1st - 5th grades. We seek to ground our children in Bible knowledge through a variety of mediums such as computers, cooking, drama, media production, science and more! This year we are trying something new by closing the weekly Lighthouse session with singing.

TEAMKID

TeamKID is a club for kids in grades 1-5. We are changing our format this year to having a club each week that will focus on serving God by serving others which will include some field trips.



Endowment Trust News

Have you ever wondered: "When I leave this world will I really have made a difference?"

Most people have a will with their children or families as the beneficiary. Some people include their church or other charity in their estate planning along with providing for their children and family.

Over the years, MCPC has been very blessed by numerous families and individuals who have gifted a portion of their estate to the MCPC Endowment Trust. Two families stand out: Rev. Ray and Alma Blackstone, our Pastor Emeritus, and Clarence and Betty Pence. Clarence was the former Superintendent of the West Valley School District. The generosity of these two families in gifting a portion of their estates to MCPC Endowment Trust will live forever! These monies which now total almost a million dollars have been invested with only a portion of the annual earnings available for distribution. These are "The Gifts that Keep on Giving!"

As your Endowment Trust grows, more monies are invested with greater distributions available for mission and outreach programs, capital improvement, or major maintenance of MCPC. This is about "Leaving a Legacy!" If you haven't yet provided for MCPC Endowment Trust in your estate planning, we invite you to consider doing so.

Please contact Pastor Craig or any member of the Endowment Trust Board for additional information.

Deacons Food Bank

The Food Bank assists those in need in our church and in our community. The commodities for September are cereal, sugar and coffee.

Navigators

Please meet us at the Church, September 20 at 9 am for a trip to Buck Knives Manufacturing Plant, Post Falls, Idaho, for a tour of the plant. For safety, closed-toe shoes are required. After the walking tour, we will have a pot-luck at Camp White. Please bring a salad or dessert to share. The Tour Guide needs to know how many are in our group and we need to know how many are going because we plan to use the Church vans. Navigators is a fellowship group composed mostly of retired adults in the church. All are welcome to participate. Please call Wanda Johnson at 924-1873 to RSVP. We need to know how many are going because we

Reception for Youth Director

The whole Church family is invited to a welcome reception for Anna and Brandon Comella on Sunday, September 16 after both worship services. We'll hold the reception in the Crossing Youth Center.

Welcome John Hemmert

"Greetings, my name is John Hemmert and I have assumed the duties of your part time maintenance person. Please convey any needs you notice to me via Christy in the office. I am generally available from 8 am to 12 pm Monday through Friday, but will be happy to come in for special needs at other hours if I am available.

I have a background in both construction and insurance services, having retired from the insurance industry three years ago. I have been looking for a part time position to keep me active and still allow me time to spend on home projects.

I am married and have two children; a 29 year old married son, and a 13 year old daughter. My wife is a dental assistant for the Veteran's Affairs Dental Practice. I look forward to serving you and God in a manner that is helpful and constructive for us all."

Mission News

During the summer your Mission Committee has received numerous "Thank You" notes, which we want to share with you. First, from Volunteers of America, for our help and support of Crosswalk by serving dinners there each month:

"Many thanks again for your support of Crosswalk via dinners. You all are so wonderful to continue to support our kids as they become stable. We had 20 graduates this year!"

This note from Cindy Backus, the first recipient of a scholarship through the Treat of the Month:

"I am writing to thank you for choosing me as the scholarship recipient. The money will help out a great deal on my academic adventures at Spokane Community College. Thanks again for taking time to consider my application."

And this wonderful note from Andrea Naccarato who has returned from a one-month mission teaching trip to Africa.

I want to thank you again for your prayers and support during my mission trip to Tanzania this June. My experience serving in a country so different from our own left me grateful for the blessings we take for granted in America, and humbled by the generosity and hospitality of the people I met.

Look for the full text of her letter at the missions bulletin board in the reception hall.

Christ Kitchen sales have been successful at the Farmer's Market this summer. We have sold over \$900 of items over the summer.

The month of September is **Baby Food Month**. The Boxes will be in the narthex each Sunday during the

month. This is such a good support for young mothers in our community. Anything you wish to contribute is greatly appreciated. It has been suggested that there is a need for #2 jars of baby food. The number should be printed right on the top of the jar. There is also always a need for formula. It doesn't matter what kind, all brands are acceptable. During July 276 infants were helped by this program. Thank you for caring from your Mission Committee and Mission Avenue Community Outreach.

Senior meals continue each Monday. There are about 15 people on average that enjoy a hot meal each week. Usually there are 2 or 3 non-church members that attend. All seniors are invited to join us each Monday. Requested donation is \$3.00. Check the menu on the Mission Committee Bulletin Board at the foot of the stairs near the lower conference room.

The **Prayer Shawl** program has given out 22 shawls to ill members of our church since its inception last spring. There are a small number of shawls available at all times for others that need this service. If you know of someone who should receive a shawl please call the church office and leave details.

Presbyterian Peacemaking Offering will be received in October on World Communion Sunday. This year's theme is taken from John's vision of the New Jerusalem, recorded in Revelation 21 and 22. What would a world living out the peace of God look like? 25% of the funds raised are retained by congregations, 25 percent is used by synods and presbyteries, and 50 percent is allocated to General Assembly ministries. Please watch your bulletin for inserts about the Peacemaking Offering and for envelopes.

We will again participate in Operation Christmas Child. Look for an example of a Christmas Shoebox on Rally Sunday, September 9th. Be sure to pick up your label at the (cont. next page)

Mission News (cont)

Operation Christmas Child table. During Bible School the children made 150 heart pillows to be included in the shoeboxes. Each pillow has a small pocket to hold a special prayer.

Treat of the Month is scheduled for September 2 and October 7. Remember Treat of the Month is the first Sunday of each month. Our adopted son, Hangmaunthang Hanghal, from the Hmar tribe in India, has continued to send letters and they are always available for review at the Treat of the Month table. If you don't see them, ask for them.

School supplies were collected during Vacation Bible School and will be distributed to Orchard Center, as a second evidence of our interest in the welfare of those students, besides the tutoring program. They will be distributed by the classroom teachers as needed for those children who cannot afford their own.

Homework Partners is getting ready for the new school year. We expect to be tutoring again by sometime in October. If you enjoy children, this is a wonderful place to spend a few hours a week. The children really do begin to know and love you by the time a 6-week session ends. If you would like to help encourage a child to read, or do a few math problems, please contact Sylvia Barney or any member of the Mission Committee. We'll be glad to talk to you about what we do.

Members of the Mission Committee are: Sylvia Barney, Chair; Dorothy Jones; Jewel Haskins; Bob and Carolyn Sheppard; Betty Allen; Ina Grunwald; Garman Lutz, Randy Olson and Maureen Schneider.

CITY OF MILLWOOD SPRUCE UP DAY SEPT. 15

Join us for the Spruce Up Saturday, September 15, from 9 AM to 12 PM. Meet at the arboretum. See townofmillwood.org for more info.

Library Talk by Velma Churchill

We have had a beautiful and hot summer. I hope you all enjoyed the summer or stayed cool, which ever is your desire. While I was recuperating from my June 13th back surgery, I heard all kinds of good reports from my MCPC friends about the Farmers' Market, Senior Meals, Camp White, Vacation Bible School and more. Now we find fall activities and responsibilities are upon us.

A suggestion for a diversion from your early fall activities is found close-at-hand in the MCPC Library. A slow (or quick, if preferred) walk along the bookshelves is sure to bring you just-the-right-book. It may be something serious, a book of faith, a humorous collection, a biography or perhaps you prefer a novel. Here our children can also find a wide variety to enrich their interests as well. It is all there, just waiting for you to check them out.

Drop in and see for yourself; easy checkout and book return are a part of it.

Doris & Jim Harvey Honored

For over 20 years Doris Harvey, with her faithful right hand man, has shepherded the annual Spring Rummage Sale. Doris was honored for her service at a reception following worship in August. In that time we have raised over \$100,000 for mission and ministry, and more importantly we have enjoyed a strong sense of community as we have worked together. Better yet we've had a reliable source for day old donuts. Thanks for all your work Doris and Jim.

While Doris is stepping down as the chair of the Rummage sale, we will continue this annual tradition this coming Spring. Save that stuff.

Adult Discipleship News

We will be kicking off a whole series of new classes and activities for adults this Fall. Along with the Women's and Men's Ministries that have already been highlighted, you will find below our schedule of adult classes and groups for the Fall.

Wednesday Evenings:

Starting Sept. 12 at 6:30pm

On the 12th we will have a mini Rally Day for our Adult Discipleship classes and groups with a presentation for all adults by Pastor Craig, sharing a vision for Discipleship at MCPC. Dinner will be served at 6:30pm followed by the unified class at 7pm. Kids and youth classes will also begin on the 12th.

Starting September 19th

- **The Alpha Course** for those exploring the foundations of the Christian faith. This class includes a video presentation and small group interaction.
- **Pastors Class:** Pastor Craig will teach an ongoing class, with an emphasis on growing as Disciples of Jesus Christ.

Sunday Mornings:

Our adult classes on Sunday mornings will begin on September 16th

9:30am – **Bible Study Class** led by Rev. Nancy Goodwin. We will start the year in a continuing study of the book of Luke. This class is designed for those who attend the 11am worship service.

11:00am – **Family Foundations Parenting Class**
Mae Johnson, a public health nurse with years of experience working with parents, will lead this class for parents of children up to age 12. This will be a workshop class in which parents will grow in providing down to earth discipline for their children, nurturing in them a Christ-like character.

To register for a class or for more information go to www.millwoodpc.org or call the church office at 924-2350.

Youth News

We're kicking off our new schedule of youth activities on Wednesday, September 12th with Junior High youth group and Senior High on Thursday the 13th. Our weekly schedule is listed below.

Sunday Mornings

11:00am – **Coffee House** at the Crossing Youth Center. All JH and SH students are invited to meet us at the Center and we will split up JH and SH from there. Parents can pick up their child at the youth center.

Sr. High Midweek

Thursdays, 7–8:30pm at the Crossing Youth Center starting September 13.

Jr. High Midweek

Wednesdays, 7–8:30pm at the Crossing Youth Center starting September 12.

Drop-in @ Crossing

For JH and SH age students. Tues/Wed: 2:30–5:00pm. As always, there will be adult supervision to help provide a safe and nurturing environment for all young people that participate.

Tutoring @ Crossing

Mondays, 2:30–5:00pm at the Crossing Youth Center. Stay tuned for an official start date for this along with more information on availability for tutors.



Presbyterian Women Meeting

All women are invited to the Presbyterian Women meeting Thursday, September 6 and every First Thursday after that. Come and bring your neighbor, friend or sister! Join us for coffee, muffins and fellowship at 9:30 am. Leading the 10:00 am Bible study, "Hearing God's Call" from our study book Horizons will be Pastor Craig Goodwin. A short business meeting will follow the study. At 11:30 am, a program will be presented by Mary Beth Baker from 1st Presbyterian Church. Mary has beautiful slides and a story about her experience in Mississippi after Hurricane Katrina. Come hear about how the team from 1st Presbyterian Church was welcomed at a little town in Mississippi!

We will also take some time to remember and honor women from our church who have died this past year. Please watch the Sunday Bulletin for Circle times and meeting dates starting in September.

Women's Eat and Greet

I don't know about you, but I crave more time to connect with the wonderful women at MCPC. I see lots of you on Sundays, but often I'm too busy and rushed to get to know people. One solution is the Women's Eat and Greet– dinner and conversation the first Friday of the month, beginning Sept. 7. Come to the Goodwin's home, 5315 N. Vista Ct. in Northwood, 6:30–8:30. I (Nancy) will provide the main dish, and you can bring a side dish, salad or dessert. Childcare is not provided, but if that keeps you from coming call me and we'll make it work: 924-7328.

Men's Bible Study, Tue, 7am

The men's Bible Study will get going again starting Tuesday, Sept. 11 at 7am at the Perkins on Argonne at the intersection of I-90. We will continue our practice of reading through and studying a book of the Bible. All men of Millwood are welcome.

Get Acquainted & Get Fit

Yoga Level 1 will be offered at The Crossing Youth Center, Mondays and Wednesdays 10–11am with Sandy, our very own ACE certified fitness professional. \$60 for 6 week session beginning Sept. 10. Register at the church office. *Depending on interest, we may offer Core & Strength / Pilates 9–10am Mondays and Wednesdays.* Call Sandy if you are interested at 927-8187. (The Crossing is located on Euclid, across the parking lot from the church.)

Women's Weekly Bible Study Begins Sept. 13

Beginning Thursday, September 13, 9:30–11:30am, upstairs in the MCPC chapel. We'll be studying Mark's Gospel using the Life Change Series by NavPres as a guide. If needed, please call the Church office at 924-2350 to reserve childcare.

Women's Retreat

September 28–30

Mary Price, humor columnist for Focus on the Family's "Lifewise" magazine and author of "When Did My Life Become a Game of Twister" will give us a hilarious look at life and practical tools for letting God "untwist" our knot. The dynamic "Door of Hope" group will provide music and worship. There will be free time for relaxation and delicious meals. Register early! All women are invited to attend. Brochures are at the information table and in the church office. For information, please call Nancy Goodwin at 924-7328 or Lois Batson at 926-8079. You can also visit their website at: www.clearwaterlodge.org.

